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**N-ACETYL-D-GLUCOSAMINE (NAG) SUPPLEMENTED FOOD PRODUCTS
AND BEVERAGES
ABSTRACT OF THE DISCLOSURE**

5 Food products and beverages which include N-acetyl-D-glucosamine (NAG) are provided, as are methods of their use and preparation. Embodiments of the supplemented food products and beverages are heated to high temperatures, such as those used in pasteurization, without significant adverse effects on taste, color, odor and/or texture.